

Retreat Days at Tŷ'r Pererin, St. Davids Cathedral Autumn Programme 2020



*'The earth is the Lord's,
and everything in it' Psalm 24*

Dates: Wed 21st; Thurs 22nd & Fri 23rd

October 10.30am-1pm

(Limited to 5 people each morning)

A morning in the landscape reflecting on how God may speak to us through prayer, study and action outdoors.

The morning begins on pilgrimage to the Cathedral through the landscape of the peninsula. A short guided walk with your own written guide to help you reflect in the outdoors whilst being socially distanced from other pilgrims in your group.

On arrival at the Cathedral there is a one-way system for our walk sharing some thoughts on Psalm 24. There will be opportunity to linger at the Shrine of St David with a few prayers and candle lighting if you so wish.

The second part of the morning will be an introduction to the Cathedral renovation project in one of its walled gardens. This will take the form of a guided reflection and gardening task. No specific gardening skill required just a willingness to have a go! **Booking essential** via email along with any queries to Janet Ingram, Education & Pilgrimage Officer.

To ensure your safety we will use a track and trace paper trail. During the short time in the Cathedral you will need to observe Welsh Government regulations and wear a face mask.

We invite a donation of £5 for your morning

Lunch may be taken in the Refectory or bring a packed lunch

For more details or to book a place, contact Janet Ingram, Tŷ'r Pererin, St. Davids

Tel: 01437 729151 Email: education@stdavidscathedral.org.uk