



EGLWYS GADEIRIOL TYDDEWI  

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ST DAVIDS CATHEDRAL

*Croesawu ymwelwyr fel pererinion*  
*Welcoming Visitors as Pilgrims*

CYLCHLYTHYR WYTHNOSOL  
23 - 30 Mehefin 2024

WEEKLY NEWSLETTER  
23 - 30 June 2024

GWASANAETHAU Y SUL *o dudalen 3*  
*Y Pedwerydd Sul wedi'r Drindod*

SUNDAY SERVICES *from page 3*  
*The Fourth Sunday after Trinity*

# CROSEO I EGLWYS GADEIRIOL TYDDEWI

## WELCOME TO ST DAVIDS CATHEDRAL

Worship has been offered on this site since Dewi founded his monastery almost 1500 years ago. Today, you stand as thousands have before where our Patron Saint once stood, a place of deep significance to pilgrims and parish alike. We very much hope you can share in the beauty of this place, whether that be through participating in worship, listening to the wonderful sounds of our choirs and organ, or simply allowing the splendour of the building to wash over you as you walk around.

## PASTORAL SUPPORT

We are a place of worship, and therefore a place where all can come for support and guidance, regardless of one's faith. The Cathedral Clergy are always pleased to provide pastoral support and advice to people whenever they can.

If you require a pastoral visit, please speak directly to a member of the clergy, or one of the Cathedral Chaplains on duty; however, all clergy can be contacted via the Cathedral office on 01437 720202 or via email [info@stdavidscathedral.org.uk](mailto:info@stdavidscathedral.org.uk)

**Urgent Support:** If you are worried about someone and you think that they require pastoral care, please speak to Canon Sheridan or any of the other clergy and/or email [canonpastor@stdavidscathedral.org.uk](mailto:canonpastor@stdavidscathedral.org.uk). Please don't assume that we are already aware of the situation – even in a small community people can get missed – so please do let us know.

## ACCESSIBILITY



A hearing loop is installed in the Nave and Quire – please switch your hearing aid to the T position



A larger print version of this leaflet is available – please ask

# CEFNOGAETH/SUPPORT

Every year, the Cathedral has to find £1M to look after the Cathedral and its grounds and offer the level of excellence and beauty that makes it such a well-loved and cherished place. We rely heavily on donations, and every pound really counts.

## *How you can support our work:*

- 1** Scan the QR code to make a donation on your phone.  
Please tick the GiftAid box if you are a UK taxpayer.
- 2** Tap the contactless donation point at the Welcome Desk, using your card or phone. Our welcomers will be able to assist you.
- 3** Cash or cheque donations can be placed in the donation box by the Welcome Desk. Please use the GiftAid envelopes provided.
- 4** Contact us on 01437 720202 or email [info@stdavidscathedral.org.uk](mailto:info@stdavidscathedral.org.uk) for a discussion in confidence if you are interested in leaving the Cathedral a legacy in your will.



By making a donation today, you are helping to safeguard this place of worship and pilgrimage for the next generation.  
Diolch yn Fawr - Thank You.

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## **Dydd Sul 23 Mehefin – Y Pedwerydd Sul wedi’r Drindod**

### **Sunday 23 June – The Fourth Sunday after Trinity**

- 8.00**                    **Holy Eucharist** *High Altar*
- 9.30**                    **Cymun y Plwyf** *Capel Mair*  
*Pregethwr: Y Canon Bugeiliol*
- 11.00**                   **Choral Eucharist** *Nave*  
*President: The Dean*  
*Preacher: The Precentor*
- 4.00**                    **Choral Evensong** *Nave*  
*Preacher: The Dean*  
*Readings* Jeremiah 10. 1-16 & Romans 11. 25-36

# COLLECTS AND READINGS FOR THE EUCHARIST

## Collect

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we finally lose not the things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## Colect

O Dduw, gwarchodwr pob un sy'n ymddiried ynot, nad oes dim yn nerthol hebot ti, na dim yn sanctaidd, ychwanega ac amlha dy drugaredd arnom, fel y gallwn, a thi yn llywodraethwr ac yn arweinydd i ni, dreiddio trwy bethau tymhorolfel na chollwn yn y diwedd y pethau tragwyddol; caniatâ hyn, Dad nefol, er mwyn Iesu Grist ein Harglwydd, sy'n fyw ac yn teyrnasu gyda thi, yn undod yr Ysbryd Glân, yn un Duw, yn awr ac am byth. **Amen.**

## Job 38. 1-11

Then the Lord answered Job out of the whirlwind: 'Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me. 'Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements—surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy? 'Or who shut in the sea with doors when it burst out from the womb?—when I made the clouds its garment, and thick darkness its swaddling band, and prescribed bounds for it, and set bars and doors, and said, "Thus far shall you come, and no farther, and here shall your proud waves be stopped"?'

## Job 38. 1-11

Yna atebodd yr Arglwydd Job o'r corwynt: "Pwy yw hwn sy'n tywyllu cyngor â geiriau diwybod? Gwna dy hun yn barod i'r ornest; fe holaf fi di, a chei dithau ateb. "Ble'r oeddit ti pan osodais i sylfaen i'r ddaear? Ateb, os gwyddost. Pwy a benderfynodd ei mesurau? Mae'n siŵr dy fod yn gwybod! Pwy a estynnodd linydd mesur arni? Ar beth y seiliwyd ei sylfeini, a phwy a osododd ei chonglfaen? Ble'r oeddit ti pan oedd sêr y bore i gyd yn llawenhau, a'r holl angylion yn gorfoleddu, pan gaewyd ar y môr â dorau, pan lamai allan o'r groth, pan osodais gwmwl yn wisg amdano, a'r caddug yn rhwymyn iddo, a phan drefnais derfyn iddo, a gosod barrau a dorau, a dweud, 'Hyd yma yr ei, a dim pellach, ac yma y gosodais derfyn i ymchwydd dy donnau'?

## Responsorial Psalm (for 11am Eucharist)

*Choir:* O give thanks to the Lord, for his love endures for ever.

*All:*



O give thanks to the Lord, for his love endures for ever

*Choir:* Some sailed to the sea in ships to trade on the mighty waters.

These have seen the Lord's deeds, the wonders he does in the deep.

**All: O give thanks to the Lord, for his love endures for ever.**

*Choir:* For he spoke; he summoned the gale, tossing the waves of the sea

Up to heaven and back into the deep; their soul melted away in their distress.

**All: O give thanks to the Lord, for his love endures for ever.**

*Choir:* Then they cried to the Lord in their need and he rescued them from their distress.

He stilled the storm to a whisper: all the waves of the sea were hushed.

**All: O give thanks to the Lord, for his love endures for ever.**

*Choir:* They rejoiced because of the calm and he led them to haven they desired.

Let them thank the Lord for his love, the wonders he does for his people.

**All: O give thanks to the Lord, for his love endures for ever.**

## 2 Corinthians 6. 1-13

As we work together with him, we urge you also not to accept the grace of God in vain. For he says, 'At an acceptable time I have listened to you, and on a day of salvation I have helped you.' See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return—I speak as to children—open wide your hearts also.

## 2 Corinthiaid 6. 1-13

Yr ydym ni, fel cydweithwyr, yn apelio atoch i beidio â gadael i'r gras a dderbyniaisoch gan Dduw fynd yn ofer. Oherwydd y mae Duw'n dweud: "Yn yr amser cymeradwy y gwrandewais arnat, a'th gynorthwyo ar ddydd iachawdwriaeth." Dyma, yn awr, yr amser cymeradwy; dyma, yn awr, ddydd iachawdwriaeth. Nid ydym yn gosod unrhyw faen tramgwydd ar lwybr neb, rhag cael bai ar ein gweinidogaeth. Yn hytrach, ym mhob peth yr ydym yn ein cymeradwyo ein hunain fel gweinidogion Duw: yn ein dyfalbarhad mawr; yn ein gorthrymderau, ein gofidiau, a'n

cyfyngderau; yn ein profiadau o'r chwip, o garchar ac o derfysg; yn ein llafur, ein diffyg cwsg a'n newyn; yn ein purdeb, ein gwybodaeth, ein goddefgarwch a'n caredigrwydd; yn yr Ysbryd Glân ac yn ein cariad diragrith; yng ngair y gwirionedd ac yn nerth Duw, trwy ddefnyddio arfau cyfiawnder yn y llaw dde a'r llaw chwith, doed parch, doed amarch, doed anghlod, doed clod. Twyllwyr y'n gelwir, a ninnau'n eirwir; rhai dinod, a ninnau'n enwog; yn marw, ac eto byw ydym; dan gosb, ond heb gael ein lladd; dan dristwch, ond bob amser yn llawenhau; mewn tlodi, ond yn gwneud llawer yn gyfoethog; heb ddim gennym, ac eto'n berchen pob peth. Yr ydym wedi llefaru'n gwbl rydd wrthyh, Gorinthiaid; y mae'n calon yn llydan agored tuag atoch. Nid nyni sy'n cyfyngu arnoch, ond eich teimladau eich hunain. I dalu'n ôl — yr wyf yn siarad wrthyh fel wrth blant — agorwch chwithau eich calonnau yn llydan.

### **Psalm 107. 23-32**

Some went down to the sea in ships, doing business on the mighty waters; they saw the deeds of the Lord, his wondrous works in the deep. For he commanded and raised the stormy wind, which lifted up the waves of the sea. They mounted up to heaven, they went down to the depths; their courage melted away in their calamity; they reeled and staggered like drunkards, and were at their wits' end. Then they cried to the Lord in their trouble, and he brought them out from their distress; he made the storm be still, and the waves of the sea were hushed. Then they were glad because they had quiet, and he brought them to their desired haven. Let them thank the Lord for his steadfast love, for his wonderful works to humankind. Let them extol him in the congregation of the people, and praise him in the assembly of the elders.

### **Salm 107. 23-32**

Aeth rhai i'r môr mewn llongau, a gwneud eu gorchwylion ar ddyfroedd mawr; gwelsant hwy weithredoedd yr Argwlydd, a'i ryfeddodau yn y dyfnder. Pan lefarai ef, deuai gwynt stormus, a pheri i'r tonnau godi'n uchel. Cawsant eu codi i'r nefoedd a'u bwrw i'r dyfnder, a phallodd eu dewrder yn y trybini; yr oeddent yn troi yn simsan fel meddwyn, ac wedi colli eu holl fedr. Yna gwaeddasant ar yr Arglwydd yn eu cyfyngder, a gwaredodd ef hwy o'u hadfyd; gwnaeth i'r storm dawelu, ac aeth y tonnau'n ddistaw; yr oeddent yn llawen am iddi lonyddu, ac arweiniodd hwy i'r hafan a ddymument. Bydded iddynt ddiolch i'r Arglwydd am ei gariad, ac am ei ryfeddodau i ddynolryw. Bydded iddynt ei ddyrchafu yng nghynulleidfyr bobl, a'i foliannu yng nghyngor yr henuriaid.

### **Mark 4. 35-41**

On that day, when evening had come, he said to them, 'Let us go across to the other side.' And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. He said to them, 'Why are you afraid? Have you still no faith?' And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

### **Marc 4. 35-41**

A'r diwrnod hwnnw, gyda'r nos, dywedodd wrthynt, "Awn drosodd i'r ochr draw." A gadawsant y dyrfa, a mynd ag ef yn y cwch fel yr oedd; yr oedd cychod eraill hefyd gydag ef. Cododd timestl fawr o wynt, ac yr oedd y tonnau'n ymdaflu i'r cwch, nes ei fod erbyn hyn yn llenwi. Yr oedd ef yn starn y cwch yn cysgu ar glustog. Deffroesant ef a dweud wrtho, "Athro, a wyt ti'n hidio dim ei bod ar ben arnom?" Ac fe ddeffrôdd a cheryddu'r gwynt a dweud wrth y môr, "Bydd ddistaw! Bydd dawel!" Gostegodd y gwynt, a bu tawelwch mawr. A dywedodd wrthynt, "Pam y mae arnoch ofn? Sut yr ydych heb ffydd o hyd?" Daeth ofn dirfawr arnynt, ac meddent wrth ei gilydd, "Pwy ynteu yw hwn? Y mae hyd yn oed y gwynt a'r môr yn ufuddhau iddo."

## **Psalm for Evensong Please stand for the Gloria**

### **Psalm 71. 1-13**

In thee O Lord have I put my trust: let me never be put to confusion.

Deliver me and set me free according to thy righteousness: incline thine ear unto me and save me.

Be thou my rock and my refuge, that thou mayest preserve me: for thou art my strong rock and my castle.

Deliver me O my God out of the hand of the ungodly: out of the hand of the unrighteous and cruel man.

For thou O Lord God art the thing that I long for: thou art my hope even from my youth.

Through thee have I been holden up ever since I was born: thou art he that took me out of my mother's womb; my praise shall be always of thee.

I am become a cause of wonder unto many: but thou art my refuge and my strength.

O let my mouth be filled with thy praise: and with thy glory and honour all the day long.

Cast me not away in the time of age: forsake me not when my strength faileth me.

For mine enemies speak against me: and they that lay wait for my life take counsel together saying,

'God hath forsaken him: persecute him and take him, for there is none to deliver him.'

Go not far from me O God: my God make haste to help me.

Let them be confounded and perish that are mine adversaries: let them be covered with shame and dishonour that seek to do me evil.

**Stand:** Glory be to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now and ever shall be; world without end, Amen.

## Processional Hymn

1 Love Divine, all loves excelling,  
Joy of heaven, to earth come down,  
Fix in us thy humble dwelling,  
All thy faithful mercies crown.  
Jesus, thou art all compassion,  
Pure unbounded love thou art;  
Visit us with thy salvation,  
Enter every trembling heart.

2 Come, almighty to deliver,  
Let us all thy life receive;  
Suddenly return, and never,  
Never more thy temples leave.  
Thee we would be always blessing,  
Serve thee as thy hosts above,  
Pray, and praise thee, without ceasing,  
Glory in thy perfect love.

3 Finish, then thy new creation,  
Pure and spotless let us be;  
Let us see thy great salvation,  
Perfectly restored in thee,  
Changed from glory into glory,  
Till in heaven we take our place,  
Till we cast our crowns before thee,  
Lost in wonder, love, and praise!

## Offertory Hymn

1 All for Jesus! all for Jesus!  
This our song shall ever be;  
For we have not hope nor Saviour  
If we have not hope in thee.

2 All for Jesus! thou wilt give us  
Strength to serve thee hour by hour:  
None can move us from thy presence  
While we trust thy love and power.

3 All for Jesus! at thine altar  
Thou dost give us sweet content;  
There, dear Saviour, we receive thee  
In thy holy sacrament.

4 All for Jesus! thou hast loved us,  
All for Jesus! thou hast died,  
All for Jesus! thou art with us,  
All for Jesus, glorified!

5 All for Jesus! All for Jesus!  
This the Church's song shall be,  
Till at last the flock is gathered  
One in love, and one in thee.



## Recessional Hymn

1 O Jesus, I have promised  
To serve thee to the end;  
Be thou for ever near me,  
My Master and my Friend;  
I shall not fear the battle  
If thou art by my side,  
Nor wander from the pathway  
If thou wilt be my guide.

2 O let me hear thee speaking  
In accents clear and still,  
Above the storms of passion,  
The murmurs of self-will;  
O speak to reassure me,  
To hasten or control;  
O speak, and make me listen,  
Thou guardian of my soul.

3 O Jesus, thou hast promised  
To all who follow thee,  
That where thou art in glory  
There shall thy servant be;  
And Jesus, I have promised  
To serve Thee to the end;  
O give me grace to follow,  
My Master and my Friend.

4 O let me see thy footmarks,  
And in them plant mine own;  
My hope to follow duly  
Is in thy strength alone;  
O guide me, call me, draw me,  
Uphold me to the end;  
And then in heaven receive me,  
My Saviour and my Friend.

## CATHEDRAL NOTICES

### Parish & Community Life

#### JOB VACANCY

Cleaner: 12 hours per week, preferably arranged as six hours per day on Thursdays and Fridays. We need another member to join the Cleaning/Caretaking team to take on this permanent role to keep Ty'r Pererin sparkling clean, plus cleaning the public areas of the Cathedral. Pay: £12 per hour.

Please contact Judith Leigh (Chief Operating Officer) on 01436 720202 or email [judith@stdavidscathedral.org.uk](mailto:judith@stdavidscathedral.org.uk) for more details.

#### Erw Dewi/Dewi's Acre Cathedral Community Garden

Why not join us for the next volunteer sessions in the Cathedral Community Garden (behind the Cathedral in The Close) *Mon 24<sup>th</sup> & Wed 26<sup>th</sup> June, between 10am-12pm*. For details Email: [hello@dewisacre.org.uk](mailto:hello@dewisacre.org.uk) or Tel: 01437 729151.

#### Community Tea & Chat Wed 26<sup>th</sup> June; 3-4.30pm

Time to meet up during the week for chat and a cuppa and sometimes a bit of craft and reflection. We meet at Ty'r Pererin and everyone is welcome.

#### Help us Welcome Visitors from Lesotho

**Mon 1st July, 9:15am** Join us at Cross Square to welcome the visitors - followed by Civic Reception in City Hall

**Thurs 4<sup>th</sup> July 10am-12noon** Art Exhibition & Coffee Morning at Ty'r Pererin (Quickwell Hill)

**Pride of Place** Ysgol Penrhyn Dewi & Mahloenyeng Combined School launch their joint art exhibition. Meet students & teachers from both schools as they continue this life-changing experience and help support the Tyddewi/Matsieng link. Everyone welcome. **£5 Coffee & Cake (Lesotho Gifts for sale) Thurs 4th July, from 7pm** Party & Dinner, St. Davids Rugby Club. **Family friendly Workshop** to learn about local Insects and Bugs led by the Bug Farm team. Friday 5<sup>th</sup> July 3.45pm-4.45pm, Erw Dewi/Dewi's Acre. Suggested donation £10 per family. To book, please email [communitygarden@ecodewi.org.uk](mailto:communitygarden@ecodewi.org.uk). Please note this workshop is weather dependant.

**Wednesday Midweek Holy Communion** – 10am, Lady Chapel. Intimate, friendly service, followed by hot drinks and biscuits. All Welcome.

**Contemplative Prayer** - Contemplative Prayer Group meets every week in the Lady Chapel on Thursday mornings at 10 - 11am. All welcome. For further information please contact Jayne MacGregor 07491 985180 / [jaynemaagregor@yahoo.co.uk](mailto:jaynemaagregor@yahoo.co.uk)

**Flower Guild Needs New Volunteers** - The St Davids Cathedral Flower Guild is seeking new volunteers, to help with the flower arranging in the Cathedral. The Flower Guild's work greatly enhances the beauty of our Cathedral, so if you might be interested in helping to arrange flowers throughout the year, then please get in touch! Please contact Moira Philips by emailing [flowerguild@stdavidscathedral.org.uk](mailto:flowerguild@stdavidscathedral.org.uk) for more details.

**Volunteers needed:** The Cathedral would love to build up its team of welcomers and sides people. Are you interested in helping? Would you like to talk to someone about it? If yes, have a chat with Moira Phillips or Richard Hayward and they will point you in the right direction. You don't have to make a weekly commitment – it could be fortnightly or monthly, but we'd love some more hands on deck.

**Food Bank** - The Cathedral continues to support the local food bank by having a donation point near the shop at the rear of the nave. Any non-perishable food donations are always welcome and special requests will be noted at the donation point. Ian will now collect the Cathedral's contributions regularly once a month. The Cost of Living crisis continues to affect many people, so please give as much as you are able. Many thanks.

## Library

**For enquiries email: [library@stdavidscathedral.org.uk](mailto:library@stdavidscathedral.org.uk)**

### CATHEDRAL LIBRARY

The Cathedral Library is open to the public on Fridays and Mondays 2pm to 4pm. No bookings needed. The Library is reached via a spiral medieval stone staircase adjacent to the Shrine of St David in the north presbytery aisle.

**CATHEDRAL TREASURY** - On public display in the Cathedral Treasury are rare medieval artefacts as well as communion ware from the medieval, Tudor, Stuart and later periods. In the Library cases is one of the Cathedral's copies of the 404-year-old Welsh Bible from 1620 with its

original wooden covers. Proceeds from the Donation Box go towards conservation and care of the Cathedral's Collection of Rare Books and artefacts.

There are also displays in the exhibition cases in the north transept. If you open the top left viewing drawer you will see a small exquisite medieval bronze Corpus Christi figure, probably 13<sup>th</sup> century and possibly French in origin. It was found in fields near the Cathedral and is being publicly displayed in the Cathedral on behalf of its owners, St Davids and Dewisland Historical Society.

**RARELY SEEN TOURS OF ST DAVIDS CATHEDRAL** The next Tour in this series is on **Tuesday 2nd July**. 2pm-3.30pm. A special opportunity to view and experience some parts of this very special building that are rarely seen – including surviving medieval paintings; almost mystical acoustic of the prayer niches in St David's shrine; 14<sup>th</sup> century carving of Reynard the Fox; walk round the back of the high altar through the 12<sup>th</sup> century ambulatory with its statue of Gerallt Gymro/Giraldus Cambrensis. Tickets in the Cathedral nave shop or online via EventBrite: [Tour of Rarely Seen parts of St Davids Cathedral Tickets, Multiple Dates | Eventbrite](#)

**EMMELINE PANKHURST & ANNIE KENNEY** – these were two of the suffragettes who visited the Cathedral in July 1908 on a respite from their campaigning. Hear the story of the visits and see their signatures in the Cathedral Visitors book. Talks in the Cathedral Library on the anniversaries of their 2 visits. Tickets bookable on EventBrite.

**Saturday 6<sup>th</sup> July** 2.30pm–3.30pm - [Suffragettes visit to "Splendid" Cathedral Tickets, Sat 6 Jul 2024 at 14:30 | Eventbrite](#)

**Tuesday 9<sup>th</sup> July** 2pm-3pm - [Suffragettes visit to "Splendid" Cathedral Tickets, Tue 9 Jul 2024 at 14:00 | Eventbrite](#)

**RECYCLING** - Your 21<sup>st</sup> century printing can support the care of our 16<sup>th</sup> century printed books in the Cathedral Library, at no cost to you. We receive payments for empty ink jet cartridges that we send to be recycled. There is a green collection box on the window sill in the Cathedral's north porch, so please bring your ink jet cartridges in and pop them in the box. Many thanks / diolch.

## **Education & Pilgrimage**

**For enquiries contact Janet Ingram:  
[education@stdavidscathedral.org.uk](mailto:education@stdavidscathedral.org.uk)**

**Tel: 01437 729151**

**Friday Pilgrimage: 10am-12.30pm Friday 28<sup>th</sup> June**

Visit the birthplace of St. David, hear stories and reflections and view the ancient ruins as you walk a route from the coast path to the Cathedral. This is a short, guided walk (1½ miles) taking the field route to St. Non's Chapel ruins and Holy Well before reaching the Cathedral. Join us at Oriol y Parc Information Centre. We finish our journey at the Cathedral where participants may like to stay for prayers at the Shrine of St David at 12 noon. £5pp can be donated at the cathedral shop at the end of your visit.

<b>23 The Fourth Sunday after Trinity</b>	<p>8.00 Holy Eucharist <i>High Altar</i>  9.30 Cymun y Plwyf <i>Capel Mair</i>  Pregethwr: Y Canon Bugeiliol</p> <p>11.00 Choral Eucharist <i>Nave</i>  <i>Sung by the Cathedral Choir</i>  O taste and see <i>Vaughan Williams</i>  Psalm: 107. 23-32  Collegium Regale <i>Howells</i>  Ave verum <i>Elgar</i>  Preacher: The Precentor  Hymns: 408, 272, 420</p>	<p>4.00 Choral Evensong <i>Nave</i>  <i>Sung by the Cathedral Choir</i>  One thing have I desired <i>Sumsion</i>  Psalm: 71. 1-13  Second Service <i>Leighton</i>  Hail, gladdening light <i>Wood</i>  Preacher: The Dean  Hymns: 494, 341, 499</p>
Responses: <i>Radcliffe</i>		
<b>24 Monday</b> <i>THE NATIVITY OF JOHN THE BAPTIST</i>	<p>8.00 Morning Prayer &amp; Holy Eucharist  <i>Quire &amp; High Altar</i></p>	<p>6.00 Choral Evensong <i>Quire</i>  <i>Sung by the Cathedral Singers</i>  Psalm: 80  Fauxbourdons <i>Gibbons</i>  This is the record of John <i>Gibbons</i>  Hymn: 168 (t.210)</p>
Responses: <i>Smith</i>		
<b>25 Tuesday</b>	<p>8.00 Morning Prayer &amp; Holy Eucharist  <i>Holy Trinity Chapel</i></p>	<p>5.00 Choral Evensong <i>Quire</i>  <i>Sung by the Boys' Choir &amp; Choral Scholars</i>  Psalm: 89. 1-18  <i>Dyson</i> in C minor  The Lord is my Shepherd <i>Goodall</i>  Hymn: 245</p>
Responses: <i>Bramma</i>		
<b>26 Wednesday</b> <i>Ember Day</i>	<p>8.00 Morning Prayer  <i>St Thomas Becket Chapel</i></p> <p>10.00 Holy Eucharist &amp; Address  <i>Lady Chapel</i></p>	<p>6.00 Said Evening Prayer <i>Lady Chapel</i></p>
<b>27 Thursday</b>	<p>8.00 Morning Prayer &amp; Holy Eucharist  <i>Holy Trinity Chapel</i></p> <p>10.00 Contemplative Prayer <i>Lady Chapel</i></p>	<p>6.00 Choral Evensong <i>Quire</i>  <i>Sung by the Cathedral Choir</i>  Psalm: 94  Second Service <i>Byrd</i>  Teach me O Lord <i>Byrd</i>  Hymns: 466</p>
Responses: <i>Radcliffe</i>		
<b>28 Friday</b> <i>Irenæus (c200), Bishop of Lyon &amp; Teacher of the Faith</i> <i>Ember Day</i>	<p>8.00 Morning Prayer &amp; Holy Eucharist  <i>Lady Chapel</i></p> <p>12.00 Pilgrim Prayers at the Shrine of St David</p>	<p>6.00 Choral Evensong <i>Quire</i>  <i>Sung by the Vicars Choral &amp; Scholars</i>  Psalms: 66; 67  Magnificat <i>Quinti toni Vivanco</i>  Nunc dimittis <i>Viadana</i>  In pace <i>Tallis</i>  Hymn: 172</p>
Responses: <i>Harris</i>		
<b>29 Saturday</b> <i>PETER &amp; PAUL, APOSTLES</i>	<p>8.00 Morning Prayer &amp; Holy Eucharist  <i>Quire &amp; High Altar</i></p> <p>10.30 Ordinations <i>Nave</i></p>	<p>6.00 Said Evening Prayer <i>Lady Chapel</i></p>
<b>30 The Fifth Sunday after Trinity</b>	<p>8.00 Holy Eucharist <i>High Altar</i>  9.30 Parish Communion <i>Lady Chapel</i>  Preacher: The Canon Pastor</p> <p>11.00 Choral Eucharist <i>Nave</i>  <i>Sung by the Cathedral Choir</i>  Comfort the soul of thy servant <i>Wynn Jones</i>  Psalm: 30  Collegium Regale <i>Darke</i>  Ubi caritas <i>Gjeilo</i>  Preacher: The Canon Pastor  Hymns: Christ Triumphant, God is here, 415</p> <p>12.30 Baptism <i>Baptistry</i></p>	<p>4.00 Choral Evensong <i>Quire</i>  <i>Sung by the Cathedral Singers</i>  O Lord my God <i>Llewelyn Thomas</i>  Psalm: 53  <i>Brewer</i> in D  Lighten our darkness <i>Stanford</i>  Preacher: The Dean  Hymns: 465, 414, 335</p>
Responses: <i>Sanders</i>		